TIPPING POINT
FAMILY
OUR POWERS COMBINED
Here in the Bay Area, 1 in 10 families must choose between putting food on the table and having a safe place to live. Maybe you’ve seen someone sleeping outside in your neighborhood or asking for spare change when you pass by on a walk.

Tipping Point is an organization that works to make sure everyone in our community has what they need. We believe in a world where all babies get loving care, all kids go to stellar schools, all grown-ups get good jobs and all people have homes.

We are a group of people – teachers and coaches, doctors and lawyers, givers and doers, and strivers and movers – who come together to support one another. But we can’t do it alone! We need YOU. And your family too.

Your family is your plucky band of comrades, your ragtag team of big hearts, your source of knowledge and power. It’s time to decide what you stand for and live it boldly in your words and actions.

Let’s get going!
Call a meeting at a time when the whole family can be there. Mealtimes usually work well. May we recommend a pancake breakfast? Go through the exercises in this book as a group and jot down some notes.

Don’t forget to eat your pancakes!
Every family has its own unique qualities. These are the things that make you different from other families. We call them your special powers. Let’s think about what your family’s special powers are and what you want them to be. Talk about the questions below and jot down your thoughts.

**What are we good at?**
What are our traditions? What do we love to do together?

**What matters most to us?**
What is important to us? What do we love?

**What do we need to improve?**
What could we do better? What could we work on as a family?
Circle five or more powers you have as a family. Add any others you don’t see on the list but are true for you.

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STEP 3 • TURN YOUR POWERS INTO A MISSION

Now that we know what kind of family you are, it’s time to come up with your mission! Your mission is a few sentences or ideas that you live by. It’s something you can whisper to each other when times are tough and shout out loud in moments of joy.

If you need a little inspiration, here are a few examples:

- Understanding comes first. We love to solve problems.
- Our home is full of truth and love. We take care of ourselves and other people.
- We will always be kind and polite. And walk the dog.

OUR IDEAS

________________________________________________________________________

________________________________________________________________________

________________________________________________________________________

________________________________________________________________________

Write your mission on the next page and hang it somewhere in your house where you can see it. Feel free to get creative - you can add pictures or doodles too!
OUR FAMILY MISSION
STEP 4 • TAKE ACTION

The time has come. Your powers are stronger than ever, so let’s use them for good. There are many people across the Bay Area who don’t have the basic things they need. Turn the page to learn how you can make a difference.
Choose one or more of the ideas below to support those in need.

1. HOST A DONATION DRIVE

**SUPPORT MOMS + BABIES**
Homeless Prenatal Program (HPP)
San Francisco
Diapers, sizes 3–6
Baby wipes
Baby formula
Baby food
Children’s books
Maternity or baby clothes (new)
HPP drop-off hours are Fridays, 9 am–3 pm. Call 415.546.6756 ext. 381 with questions.

**CARE FOR KIDS**
LifeMoves
Peninsula + South Bay
Backpacks (new)
School supplies (new)
Toys (like new)
Arts + crafts materials
Sporting goods (nothing too big!)
Linens
LifeMoves drop-off times are Mondays and Fridays only. Call 650.325.8719 with questions.

**FILL A HOME**
First Place for Youth
East Bay, Peninsula + South Bay
Toaster ovens
Pots + pans
Sheets
Towels
Pillows
Cleaning supplies
Call 510.272.0979 to arrange delivery at First Place for Youth.

2. RAISE MONEY TO FIGHT POVERTY

**SET UP A BAKE SALE, CAR WASH OR LEMONADE STAND**
Be sure to tell all those who stop by what their contribution can do for others.

- $5 can provide a day of healthy meals
- $10 can provide a toothbrush, shampoo and soap
- $15 can provide one week of diapers and baby wipes

Count up those dollars and cents and send a check to Tipping Point with the amount you want to give. We will make sure your funds go where they are needed most!

3. VOLUNTEER AS A FAMILY

Tipping Point supports incredible non-profits all over the Bay Area who can always use helping hands. Email family@tippingpoint.org to learn more and to get involved.